

# How to protect yourself and your community when you've been around someone with diphtheria

- Watch for a **sore throat or any skin sores** for the next 7 days. See your clinic quick if you get a sore throat or skin sores.
- Have a booster diphtheria **vaccine** at your clinic. The clinic will check when you last had one, and give you a booster if you haven't had it in the five years – this helps protect you from getting diphtheria in the future.



Low-Risk Contact

If you have questions, call your clinic (Ph: \_\_\_\_\_)  
or the local public health unit (Ph: \_\_\_\_\_)

You can also call Healthdirect Australia on 1800 022 222