

Bad tummy bug going around called Rotavirus

What is rotavirus?
Rotavirus is a very contagious virus that causes gastro (vomiting and diarrhoea) in young kids.



Babies and young kids can get very sick with:

- vomiting
- watery diarrhoea
- tummy pain
- fever
- sleepy or not much energy



How to look after sick kids:

Make sure sick kids drink water, oral rehydration solutions (hydralyte) or breastmilk/formula. If they can't drink fluids or you're worried, take them to the clinic or hospital.



Stop rotavirus by:

- washing hands with soap and water—especially after changing a nappy, going to the toilet, and before cooking, eating, and drinking
- using disinfectants to clean up kitchens, bathrooms, toys, and other surfaces
- keeping sick kids away from Elders or people with health problems
- making sure kids get their vaccines at the right time—kids get rotavirus vaccine at two and four months old

If you are worried about your kid call your local clinic.



Keep your mob safe.

Talk to your clinic for more information.