# Keeping our bubs RSV-free!

## What is **RSV**?

**RSV** (Respiratory Syncytial Virus) is a common cold virus that affects babies and young kids. It can lead to severe breathing problems, especially in infants, with **1 in 20 Aboriginal babies** needing hospitalisation for RSV in the first **6 months of life**. It's more common in colder months, like the flu, but can occur year-round especially in the north of WA.



In babies **less than 6 months old**, some signs and symptoms may be *baby being unsettled*, *less active*, *feeding less* and *breathing hard/fast*.

# How to prevent my bub

#### from getting RSV?

The **RSV immunisation**, protects babies against RSV by providing antibodies for at least **5 months**, similar to the length of a cold season.

It is given like standard immunisations. It may cause **minor reactions**; serious side effects are rare.

# Can my bub get a RSV

## immunisation?

Aboriginal children born on or after **1 Oct 2022** can get a **free RSV needle** at their AMS, clinic, or GP.

Babies born from **1 May 2024** will be offered the RSV needle at hospital for protection against RSV before going home.

### **More information?**

Speak to your midwife, Aboriginal Health Practitioner, nurse or doctor or scan the QR code.





Aboriginal Health Council of Western Australia

**Public Health** and Continuous Quality Improvement