

Have you heard about the flu vaccine spray for kids?

It's called **FluMist** - it's just a quick spray into each nostril.

No needle,
no worry!



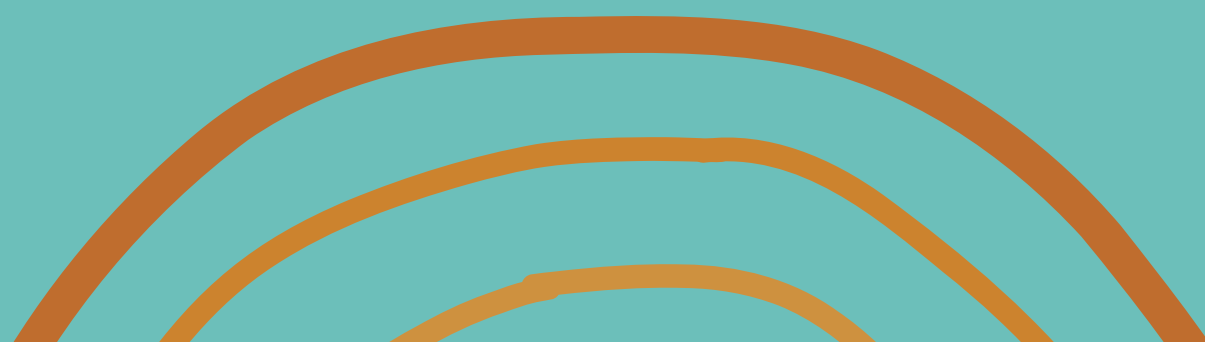
AHCWA



It's quick, easy, and painless.



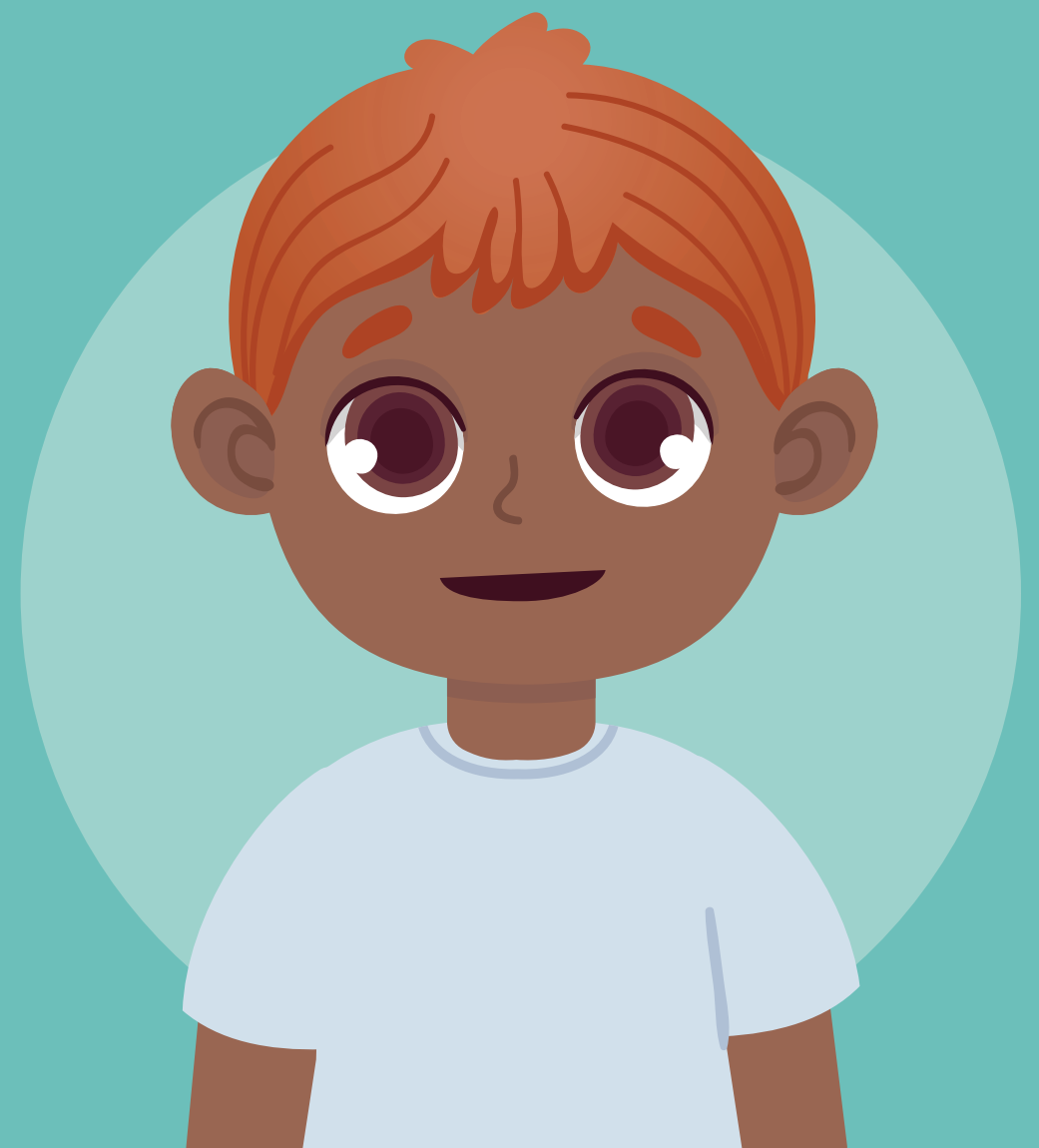
It helps to protect
your child from
the flu (influenza).



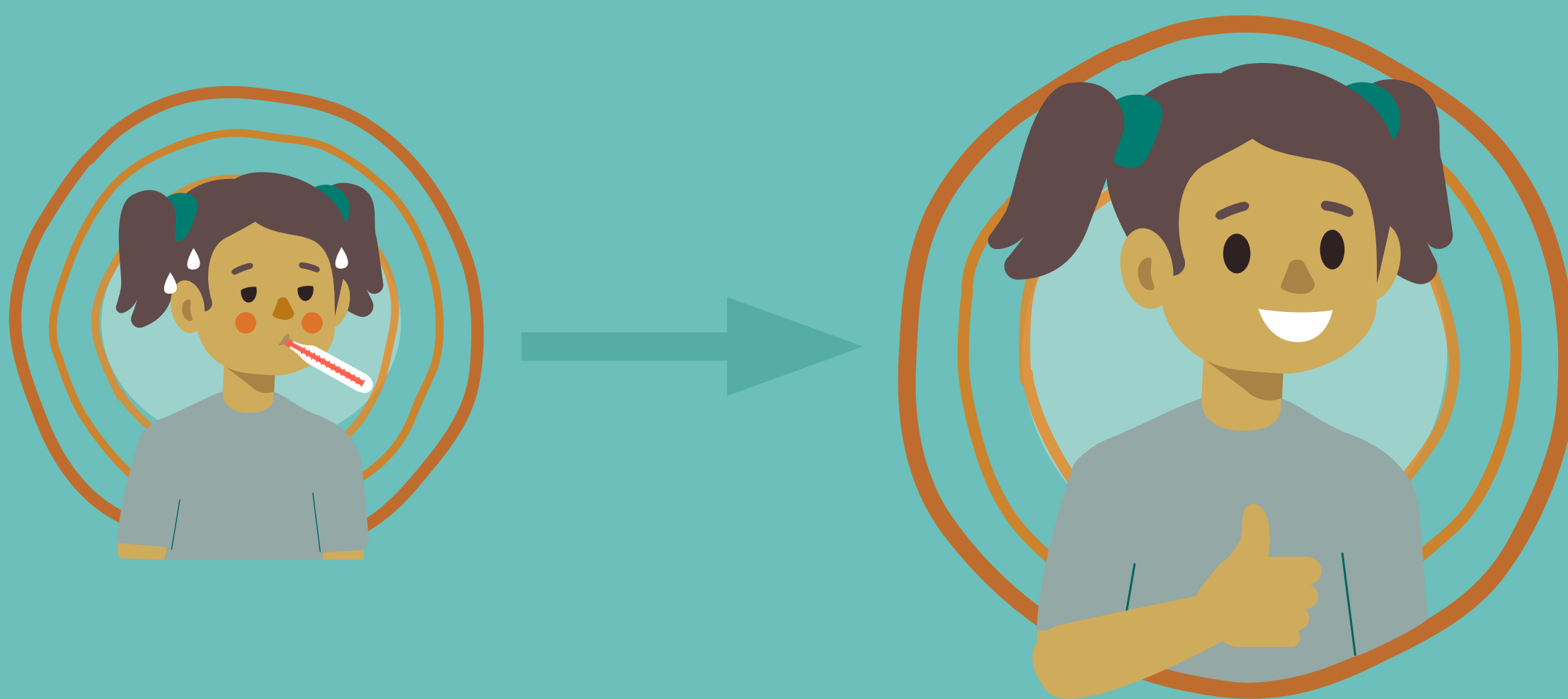


FluMist is **free** for kids
aged **2 to 11** years old
in WA.

Ask your local clinic if
it's the right choice for
your child.



The flu can make kids really sick, especially little ones. Vaccination helps stop the spread within your mob and your community.



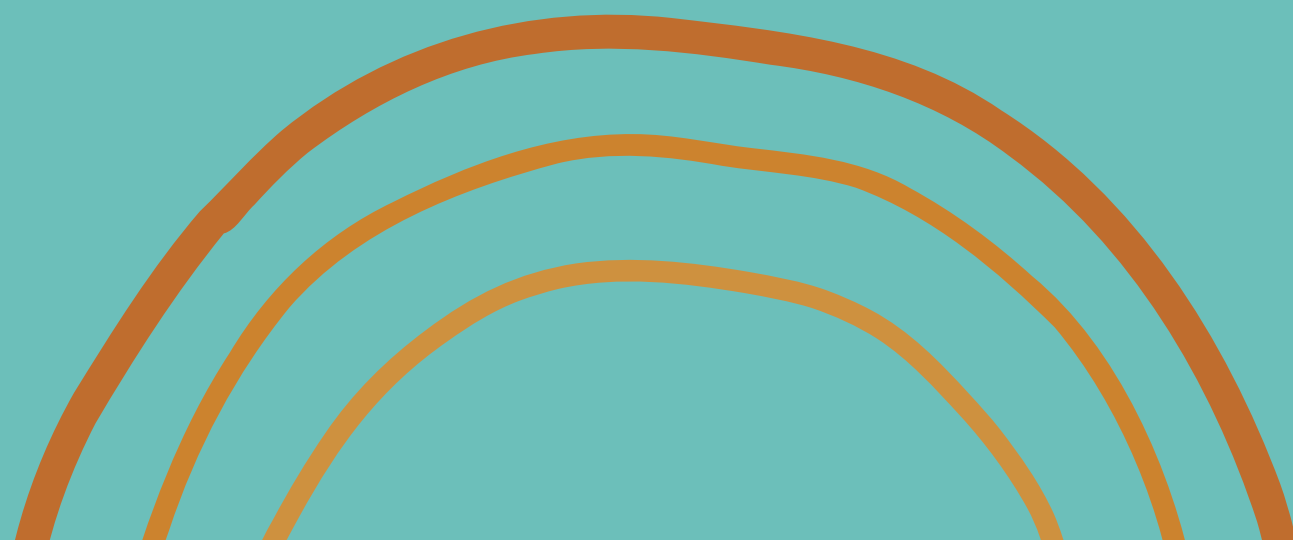
Strong kids,
strong community.



FluMist is available
for kids this winter.
Get it before the
flu season starts
so their body is ready
to fight the flu.



- FluMist can take up to two weeks to work.
Other ways to keep them safe from the flu:
- wash your hands
 - clean surfaces at home
 - throw away tissues.



The FluMist is **safe** and works very well.

It is new to WA and Australia, but has been used in other countries for many years.

Side effects from FluMist are usually mild and may include:

- blocked or runny nose
- headache
- feeling tired
- mild fever



FluMist is available
at **Aboriginal Medical
Services** and community
clinics across WA.

Some pharmacies have it too.

Need more information?

Ask about FluMist at your local
clinic or scan the code to visit
the HealthyWA website.

