

COVID-19: Testing and isolation protocols



I am a close contact and have no symptoms

With COVID-19 in the community, it is important for you to know what to do to keep yourself and others safe. This protocol will help you know what to do if you are a close contact but have no symptoms.

Isolate for
7 days from
date of
contact.



Monitor for
symptoms.

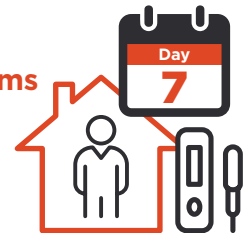


Symptoms

Refer to 'I am a close contact who develops symptoms' protocol.



No symptoms
Take a RAT
on day 7.



Test positive

Refer to the 'I have tested positive to COVID-19' protocol.



Test negative

You can leave your home after day 7 of isolation, providing there are no new cases in your household. For the next 7 days, wear a mask indoors and outdoors and don't visit high risk settings (exemptions apply).



If someone in your household tests positive, isolate for 7 days (start this process again).

