

COVID-19 Vaccine

What is COVID-19?

COVID-19 is a virus (illness) that can make you really sick. It gives you flu like symptoms with a high fever, cough, sore throat and shortness of breath. It attacks your lungs and can cause chest infections and possibly death.



What is COVID-19 vaccine? Why is it important?

The vaccine works just like the flu needle. It fights the virus and protects you from getting really sick.

It reduces the risk of you spreading the illness to the community including your family and friends.

You will need two doses of the vaccine for it to work the right way.

The person giving you the vaccine will let you know when you need to get your second dose of the vaccine.

Giving your consent



If you agree (say yes) to getting your COVID-19 vaccine, the person doing your vaccination will ask you to sign your consent (permission to give you the vaccine needle).

When you give your consent (say yes), you are saying it is ok for someone to vaccinate you (give you the COVID-19 needle).

Remember it is up to you. You can choose to have the vaccine or you can choose not to have the vaccine if you don't want to.

You can talk to your health clinic for more information about the COVID-19 vaccination.



Side effects

After you have your vaccination, you might feel some side effects.

Most side effects are not serious and will go away in a couple of days.

Common side effects can include:

- pain or swelling in your arm where the needle went in
- fever (feeling hot and sweaty)
- sore muscles or joints
- headache
- chills (feeling cold and shaky)
- tiredness

Less common side effects include:

- feeling sick in the stomach
- not sleeping well
- leg pain

If you have any side effects, you can take simple pain medication like paracetamol or ibuprofen.

Speak with your health clinic about how to manage any side effects.



