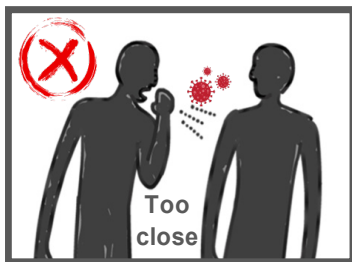




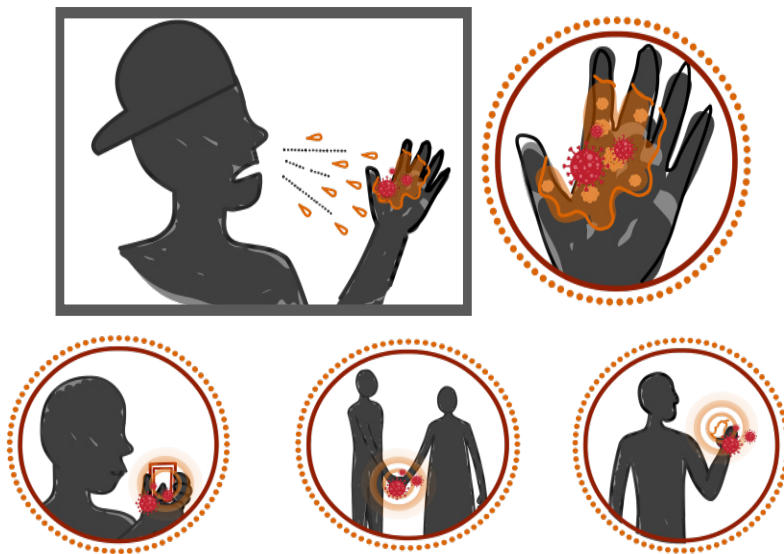
How does COVID spread?

You can catch COVID by breathing in droplets that carry the virus. This can happen if you are too close to someone who has COVID, especially if they cough or sneeze.



People with COVID can also spread it to things they cough on or touch like drinks, phones, smokes, door handles, benches, and tv remotes etc.

If you touch or share these things then touch your mouth or face, you can catch COVID. Keep safe – don't share things and remember to wash your hands.



Anyone can get COVID and it's nobody's fault.

COVID doesn't care how old you are, what you look like or where you are from. Even really healthy people can get COVID. It's important we all look after each other to keep our mob safe.

